



An Informative Two-day Seminar:

# ***MIOSHA 10-Hour*** ***For Construction***

## ***1 Who Should Attend . . .***

This seminar is a must for anyone concerned about health and safety on the job including:

- ▶ Managers concerned about liability and workers' compensation costs
- ▶ Employees who want to learn proper techniques for protecting their safety and health at work
- ▶ Business owners who want to learn about compliance with Michigan Occupational Safety and Health Administration (MIOSHA)

## ***2 Why You Need This Seminar . . .***

- ▶ To reduce disabling injuries and illnesses to employees - and to ensure that every worker goes home safe and healthy every day.
- ▶ To reduce the high costs of work-related injuries. Nationally, employers spent an estimated 50.8 billion on wage payments and medical care for workers hurt on the job. (*Liberty Mutual Safety Index 2005*) This is only a portion of the total costs of work-related injuries. Indirect costs such as overtime, training and lost productivity can also burden employers.
- ▶ To enhance your company's bottom line. A strong safety and health commitment not only protects workers, it also reduces workers compensation costs, improves employee morale, and increases production and quality.

## ***3 What You'll Learn . . .***

This ten-hour program presents an overview of MIOSHA regulations for the construction industry. Detailed information is presented to enable the participant to develop an accident prevention plan as required by Rule 114 of MIOSHA Construction Safety Standard Part 1, General Rules. An overview of MIOSHA inspection procedures is presented as well as the most frequently cited MIOSHA violations in the construction industry. Participants gain detailed information regarding construction and health standards relative to the industry.

## **Agenda**

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| ▶ Introduction to MIOSHA                    | ▶ Part 11 - Fixed & Portable Ladders       |
| ▶ Part 1 - General Rules                    | ▶ Part 12 - Scaffolds & Scaffold Platforms |
| ▶ Part 6 - Personal Protective Equipment    | ▶ Part 17 - Electrical Installations       |
| ▶ Part 8 - Handling & Storage of Materials  | ▶ Michigan Right-to-Know Law               |
| ▶ Part 9 - Excavations, Trenching & Shoring | ▶ Part 32 - Aerial Work Platforms          |
| ▶ Part 10 - Lifting & Digging Equipment     | ▶ Part 45 - Fall Protection                |
|   | ▶ Introduction to Industrial Hygiene       |

# Facilitator

Tom Swindlehurst is a Construction Safety Consultant in the Consultation Education and Training Division of MIOSHA with over 40 years experience in the construction industry. He began his State service in 1989 with the construction enforcement division and transferred to the CET Division in 1995 as an on-site consultant performing hazard surveys. In 2001, he moved to his current position where he focuses on consultation and training for employers and employees.

Tom has authored many articles on construction safety and has presented at hundreds of training sessions for both management and labor in the construction field. He has a Bachelor's degree in Supervision and Management from Central Michigan University and is a Vietnam veteran. His passion and commitment to safety are a result of his own personal experiences during his many years in the construction industry.

Presenters: Tom Swindlehurst, Construction Safety Consultant, and  
Cindy Zastrow, Industrial Hygienist; MIOSHA CET Division



**Tom Swindlehurst**  
*Construction Safety Consultant,  
MIOSHA, CET Division*

## Program Details

DATE: January 23 & 24, 2007

LOCATION: Associated Builders and Contractors  
Saginaw Valley Chapter  
4520 E. Ashman, Suite G  
Midland, Michigan 48642

COST: \$120 per person.  
Includes lunch and course materials.

TIME: Check-in - 7:30 a.m.  
Program - 8:00 a.m. to 1:30 p.m.

DEADLINE: Register by January 19, 2007  
Please register early!

CONTACT: Linda Bishop - 989-832-8879 or  
lbishop@abcsvc.org

**COSPONSOR: Associated Builders and Contractors, Saginaw Valley Chapter**

If this valuable seminar doesn't fit with your schedule or position, please pass this flyer on to a colleague.

## How to Register

MIOSHA 10-Hour for Construction

Complete information at right to  
register by . . .

► **Phone:** 989.832.8879

► **Fax:** 989.832.6412

► **Email:** lbishop@abcsvc.org

► **Mail:** Associated Builders  
and Contractors  
Saginaw Valley Chapter  
4520 E. Ashman, Suite G  
Midland, Michigan 48642  
Attn: Linda Bishop

Name: \_\_\_\_\_

Company Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

Number Attending: \_\_\_\_\_ @ \$120 = \$ \_\_\_\_\_

All meetings are accessible and barrier free. Please contact the cosponsor or the CET Division, at least two weeks in advance, to request necessary accommodations.

The Department of Labor & Economic Growth will not discriminate against any individual or group because of race, sex, religion, age, national origin, color, marital status, disability, or political beliefs. If you need assistance with reading, writing, hearing, etc., under the Americans with Disabilities Act, you may make your need known to this agency at least two weeks in advance.

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